

| | | l | m | x | j | v | s | d |
|----------------------|----------------|-------------------|-------------------|-------------------|-------------------|-------------|----------|----------|
| 08:00 - 08:30 | PISCINA | | AQUAPOWER EXPRESS | | AQUAPOWER EXPRESS | | | |
| 09:00 - 09:30 | PISCINA | AIGUAGIM EXPRESS | | AIGUAGIM EXPRESS | | AQUAPILATES | | |
| 12:00 - 12:45 | PISCINA | AIGUAGIM | AIGUAGIM | AIGUAGIM | AIGUAGIM | | | |
| 12:15 - 13:00 | PISCINA | | | | | | AIGUAGIM | |
| 13:30 - 14:00 | PISCINA | AQUAPOWER EXPRESS | | AQUAPOWER EXPRESS | | AQUAPILATES | | |
| 15:15 - 16:00 | PISCINA | | | | AQUAPOWER | | | |
| 15:45 - 16:15 | PISCINA | | AQUAPILATES | | | | | |
| 16:00 - 16:45 | PISCINA | AIGUAGIM | | | | | | |
| 16:30 - 17:00 | PISCINA | | | AIGUAGIM EXPRESS | | | | |
| 19:45 - 20:30 | PISCINA | AQUAPOWER | AQUAPOWER | | AQUAPOWER | | | |