

		l	m	x	j	v	s	d
06:45 - 07:40	SALA 1	BODYBALANCE						
08:00 - 09:00	SALA 1	IOGA		IOGA				
08:30 - 09:25	SALA 1				MAT PILATES			
08:30 - 09:30	SALA 1		IOGA					
09:30 - 10:25	SALA 1				BODYBALANCE			
09:30 - 10:30	SALA 1	IOGA						
09:45 - 10:30	SALA 1		GIM SUAU					
09:45 - 10:45	SALA 1					IOGA		
10:30 - 11:15	SALA 1				GIM SUAU			
10:30 - 11:30	SALA 1			IOGA				
10:45 - 11:30	SALA 1	MAT PILATES						
11:00 - 12:15	SALA 2					MAMAFIT		
15:00 - 15:45	SALA 1				MAT PILATES			
15:15 - 16:10	SALA 1					BODYBALANCE		
16:00 - 17:00	SALA 1		IOGA		IOGA			
17:00 - 18:00	SALA 1	IOGA						
17:00 - 18:15	SALA 2			MAMAFIT				
17:15 - 18:00	SALA 2		MAT PILATES					
17:15 - 18:10	SALA 1				BODYBALANCE			
18:15 - 19:15	SALA 1		IOGA					
18:45 - 19:40	SALA 1	BODYBALANCE						
19:30 - 20:15	SALA 1		MAT PILATES					
19:45 - 20:45	SALA 1	IOGA						
20:15 - 21:10	SALA 1				MAT PILATES			